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# Hong Kong Breakfast, "Yam Cha": Hong Konger's Breakfast With Tea.



## Synopsis

Do not include breakfast when you book a hotel in Hong Kong. If you include, you may skip over the rare chance to try âœYam Chaâ•, Hong Kongerâ™s traditional breakfast with tea. If you have no idea about âœYam Chaâ•, you may not know the reason why Hong Kong is the heaven of foods. Hong Kongers go to restaurants for breakfast before 7 in the morning. They order tea first together with some simple dishes. Different from the high price at night, restaurants provide tea and food at quite cheap price in the morning. They call the breakfast with tea âœYam Chaâ• in Cantonese. In case of dinner even with the same tea, they donâ™t say âœYam Chaâ•. Only for the breakfast with tea at the restaurants can be called as âœYam Chaâ•. The Chinese character of âœYam Cha (éœ®èœ¶)â• can be directly translated into âœTea Drinkingâ• in English. However, âœYam Chaâ• actually means âœHong Kongerâ™s traditional breakfast with teaâ•. One thing you have to keep in mind is that not all Chinese restaurants open for âœYam Chaâ• in the morning. Here introduces 8 Yam Cha restaurants for your try. They are located downtown at Hong Kong Island. You can get them all easily by metro. What station you have to alight from the subway train, of which exit you are to come out, how to find the restaurants, what kind of tea and dish you may like, how to order them are all explained in detail through maps and photos. You need neither to chase after a guide nor to ask passers-by for the restaurants. You can get them all by your own self. And, you can enjoy âœYam Chaâ• by yourself. Download this book in your cell phone and your mobile phone will show you all of the ways to the restaurants for Yam Cha in Hong Kong. You can enjoy the traditional breakfast with tea like a Hong Konger.

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